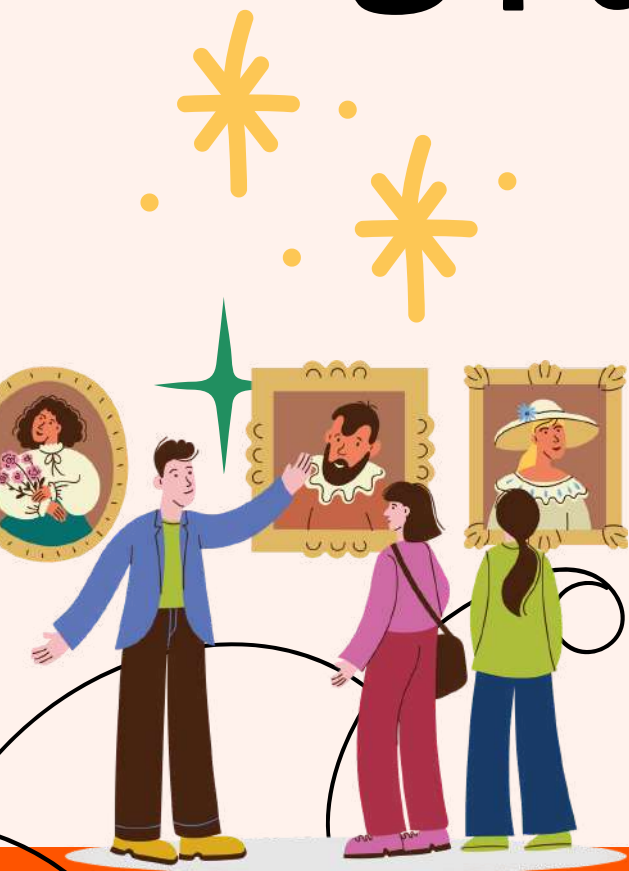




OCTOBER–
DECEMBER 2026

EVENTS & ACTIVITIES FOR INTERNATIONAL STUDENTS AT UBB



Connect. Discover. Belong.

Your university experience goes beyond the classroom.

CONTENTS

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OVERVIEW

A quick overview of events, activities and learning opportunities for international students at UBB.

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EVENTS & ACTIVITIES

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LANGUAGE COURSES

- Free Romanian and English Language Courses for International Students at UBB

INTERNATIONAL STUDENT ACTIVITIES

OCT-
DEC

2026

15
OCT

MINDFUL NATURE WALK & FOCUSING EXERCISES

📍 Main Entrance of the Botanical Garden

12:50 PM



16
OCT

ASK A UBB STUDENT

📍 Jean Monnet Room, Faculty of European Studies, 1st Floor

12 PM

27
OCT

GAME NIGHT

📍 Centre for International Cooperation (CCI), 5th Floor

5-8 PM



03
NOV

FINDING YOUR PLACE IN CLUJ: A SPACE TO CONNECT AND SHARE

📍 Centre for International Cooperation (CCI), 5th Floor

10:30 AM/
1:00 PM



06
NOV

COMFORT FOOD ACROSS CULTURES

📍 Centre for International Cooperation (CCI), 5th Floor

5 PM



SCAN THE QR CODES TO REGISTER FOR THE ACTIVITIES.

INTERNATIONAL STUDENT ACTIVITIES

OCT-
DEC

2026

12
NOV

ORIENTATION SEMINAR

Centre for International Cooperation (CCI), 5th Floor

1 PM



15
NOV

UBB INTERNATIONAL STUDENTS' RUN

Iuliu Hațieganu University Sports Park

11 AM



17
NOV

STRESS & TIME MANAGEMENT WORKSHOP

Centre for International Cooperation (CCI), 5th Floor

10 AM



18
NOV

VISIT TO THE LUCIAN BLAGA CENTRAL UNIVERSITY LIBRARY

Meeting Point: Main Entrance of the Library

1 PM



07-11
DEC

A WORLD WITHIN ME: STORIES WITHOUT BORDERS EXHIBITION

Registration deadline: 18 November 2026



SCAN THE QR CODES TO REGISTER FOR THE ACTIVITIES.



UNIVERSITATEA BABEȘ-BOLYAI
BABES-BOLYAI TUDOMÁNYEGYETEM
BABES-BOLYAI UNIVERSITÄT
BABES-BOLYAI UNIVERSITY
TRADITIO ET EXCELLENTIA



ASK A UBB STUDENT

*Informal meeting with
other students from UBB,*

who will share their experience
as students in Cluj, everyday life
and career opportunities.

*All international
students of UBB
are invited!*



OCTOBER 16, 2026



12 PM



**JEAN MONNET ROOM,
FACULTY OF EUROPEAN STUDIES,
UBB**

t floor

Scan for location

The room is on the first floor



The activity is organized as part of
the CNFIS-FDI-2026-F-1117 project.



ORGANIZED BY THE
CENTRE FOR INTERNATIONAL COOPERATION



UNIVERSITATEA BABEȘ-BOLYAI
BABES-BOLYAI TUDOMÁNYEGYETEM
BABES-BOLYAI UNIVERSITÄT
BABES-BOLYAI UNIVERSITY
TRADITIO ET EXCELLENTIA



Centrul de Cooperări Internaționale
cci@ubbcluj.ro
www.cci.ubbcluj.ro

Mindful Nature Walk

A walk to notice, breathe
and reconnect

Awareness walk and focusing exercises

FOR UBB INTERNATIONAL STUDENTS

*Take a break.
Be present.
You're here for
a reason.*



Date:
15 October 2026



Time:
13:00
Please arrive 10 minutes earlier.



Where:
Main Entrance of the Botanical Garden
Scan the first QR code for location.



 Scan for location



Duration:
1:00 – 1:30 hour



Language:
English



Free entry,
with prior registration
via the link.



 Scan for registration

Organiser:
Centre for International Cooperation

Part of the project
CNFIS-FDI-2026-F-1117



GAME NIGHT

LET'S PLAY OUR WAY AROUND THE WORLD

An informal game night for international students at Babeş-Bolyai University to discover and share games from different cultures.



Bring at least one game to introduce and play with other participants.



27 OCTOBER 2026 | 5:00–8:00 PM



Centre for International Cooperation (CCI),
5th Floor



Registration required by 25 October 2026



Scan the
QR code to
register.



Organized by the Centre for International
Cooperation, Babeş-Bolyai University.

The activity is organized as part of
the CNFIS-FDI-2026-F-1117 project.



Finding *Your* Place *in Cluj*

A space to
connect, share
experiences, and
feel more at home.



Moving to a new country is an exciting experience, but adjusting to a new place can also take time.

Join **Finding Your Place in Cluj**, a small-group session facilitated by a psychologist, designed for international students who want to connect with others, exchange experiences, and explore practical ways to feel more settled in Cluj.

Together, we will explore what it means to find your place in a new city, build connections, and navigate the challenges of adapting to a different environment.



You choose how much you share. There is no pressure to speak about personal experiences, and you are welcome to participate at your own pace.



Who can participate?

Erasmus+ and full-degree international students at UBB.



Date: 3 November 2026



Time slots: 10:30–12:00 or 13:00–15:30



Location: Centre for International Cooperation (CCI), Avram Iancu Street no. 68, 5th floor



Language: English

SCAN TO REGISTER



Registration deadline:
30 October 2026

Each session covers
the same content.
Please register for
one time slot only.

*We look forward to
welcoming you!*



Comfort Food Across Cultures

Participants are kindly asked to bring traditional culinary products specific to their country (cooked dishes, snacks, sweets, desserts, etc.).

**All UBB international students
are invited to attend.**



Event Date:
Friday, November 6th,
2026



Time:
17:00



Location:
Centre for International
Cooperation (CCI),
Str. Avram Iancu nr. 68,
5th floor



Free Entry

Register now:

<https://forms.cloud.microsoft/e/2PfXwEax2w?origin=lprLink>



Organized by the
Centre for International Cooperation

Part of the project
CNFIS-FDI-2026-F-1117

New country
New friends
Same dreams

Orientation Seminar

for International Students

Get ready for your new chapter at UBB!

Meet the team, learn about university services,
and get all the essential information you need
for a successful stay in Cluj-Napoca.



Event Date:
Thursday,
November 12th,
2026



Time:
13 pm



Location:
Centre for International
Cooperation (CCI),
Str. Avram Iancu nr. 68,
5th floor



Register now:

<https://forms.cloud.microsoft/e/natSTRpsbq?origin=lprLink>



UBB
International
Community
♥



Organized by the
Centre for International Cooperation

Part of the project
CNFIS-FDI-2026-F-1117

UBB INTERNATIONAL STUDENTS' RUN

**Not Just Running,
but a Memorable
Experience at UBB!**

**Run, connect, and
make new friends!**

Join fellow international students for a fun outdoor event celebrating sports, friendship, and cultural diversity.



15 November 2026



11:00 AM



**Iuliu Hațieganu
University Sports Park**



**2.4 km | Open to all
running levels**



**Prizes for the top
3 finishers**



**UBB T-shirt and
participation certificate
for all participants**

**REGISTRATION DEADLINE:
2 NOVEMBER 2026**



Before registering, please read the General Provisions and make sure you understand and agree to the terms and conditions of participation.

**SCAN TO
REGISTER**



STRESS & TIME MANAGEMENT WORKSHOP



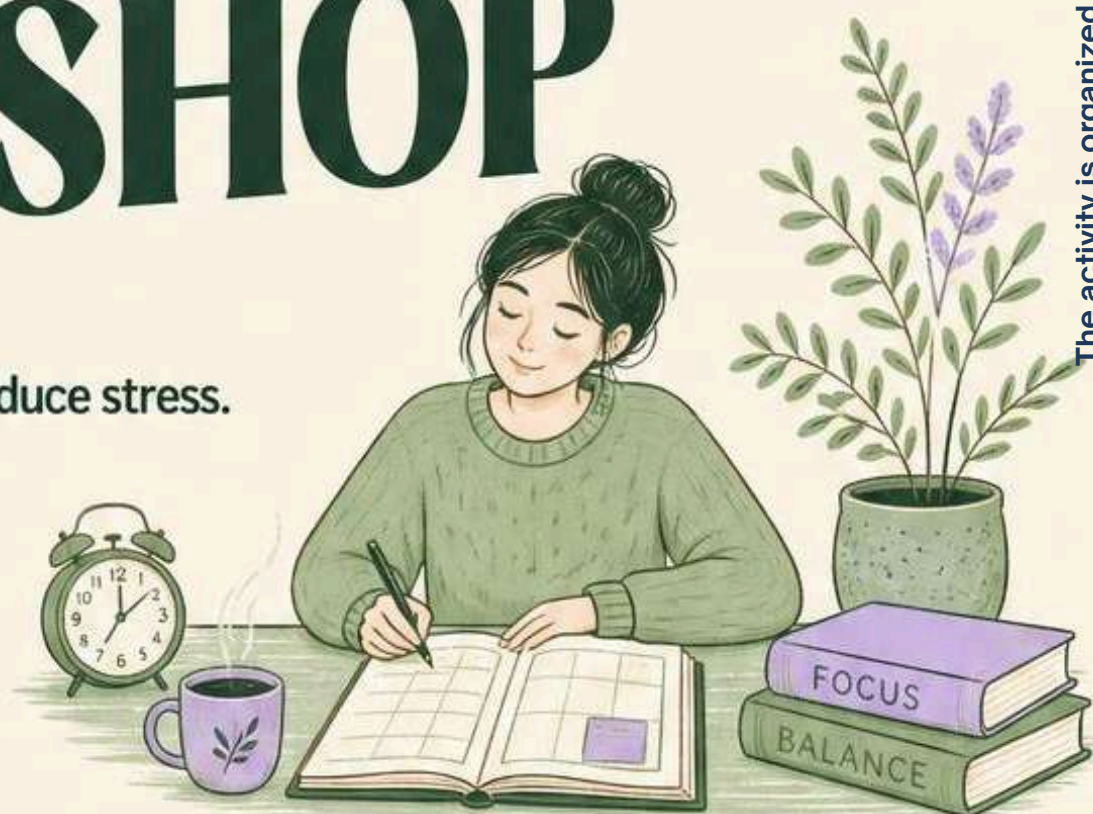
Find your balance. Manage your time. Reduce stress.

University life can be exciting, but balancing classes, assignments, exams, personal commitments, and time for yourself can sometimes feel overwhelming.

Join us for a practical workshop designed to help international students understand stress, manage their time more effectively, and develop strategies for a healthier balance between academic responsibilities and personal life.

WHAT YOU WILL EXPLORE

- Recognising sources of stress
- Organising your time and setting priorities
- Breaking tasks into manageable steps
- Finding simple ways to relax and recharge



DATE: 17 November 2026



TIME: 10:00–13:00



LOCATION:

Centre for International Cooperation (CCI),
Avram Iancu Street no. 68, 5th floor



LANGUAGE: English

Registration deadline: 13 November 2026

We look forward to welcoming you!

SCAN TO
REGISTER





UNIVERSITATEA BABEȘ-BOLYAI
BABES-BOLYAI TUDOMÁNYEGYETEM
BABES-BOLYAI UNIVERSITÄT
BABES-BOLYAI UNIVERSITY
TRADITIO ET EXCELLENTIA

Thematic Visit to the Lucian Blaga Central University Library

for UBB international students

**Event Date:**

Wednesday, November 18, 2026

**Time:**

13:00, arrive 10 minutes earlier

**Meeting Point:**

Main Entrance of the Library



Scan for
the location

**Duration:**

1:00 - 1:30 hours

**Language:**

English

**Free entry,**

with prior registration



Scan for
registration

Explore.
Discover.
Belong.

Organiser:

Centre for International Cooperation

Part of the project
CNFIS-FDI-2026-F-1117



A WORLD WITHIN ME

**Stories Without Borders —
An International Creative Exhibition**

What does your world look like?
Share a piece of your world. Discover the
worlds of others.

The activity is organized as part of the CNFIS-FDI-2026-F-1117 project.



A WORLD WITHIN ME

Stories Without Borders —
An International Creative Exhibition

What does your world look like?

Is it a place you call home, a tradition passed down through generations, a word that exists only in your language, a winter memory, a meaningful object, or a moment when two cultures came together?

We invite students and members of the university community to take part in **A World Within Me: Stories Without Borders**, a creative exhibition celebrating cultural diversity, identity, traditions, personal stories and the connections that bring us together.

What can you contribute?

Anything you create yourself! Your work could be:

- A painting, drawing or illustration
- A photograph or a series of photographs
- A collage or mixed-media creation
- A handmade object, textile work or decorative piece
- An artistic interpretation of a national tradition, cultural symbol or winter celebration
- A creative representation of a word, memory, place or experience that is meaningful to you

You do not need to be a professional artist. We are interested in your ideas, your perspective and the story behind your creation.

Looking for inspiration?

You could explore the meaning of home, the traditions you grew up with, the beauty of cultural differences, the things people share across borders, a winter celebration from your country, or an aspect of your identity that you would like others to discover.

These are only suggestions.

We welcome unexpected ideas and original interpretations!

HOW TO PARTICIPATE



Registration deadline:
18 November 2026



Scan the QR code to complete the online registration form.



Submission of creations:

2 December 2026, 10:00–11:00 AM

Location: Centre for International Cooperation (CCI), 5th floor

Please submit your completed creation in person at the specified location and time.



Exhibition dates:

7–11 December 2026

Discover the submitted creations on our website and social media channels!



Public voting

Voting will remain open throughout the exhibition and close on **11 December 2026 at 2:00 PM**.

Stay tuned for further updates on how to cast your vote and support your favourite creation!



The audience will choose the winner!

The creator of the work receiving the highest number of valid votes will receive a special prize.



Winner announcement:

14 December 2026

Come share a piece of your world, discover the worlds of others, and help us celebrate the creativity that connects our international community.

*One community. Many stories.
A world of creativity.*

We look forward to seeing your creations!



Romanian Language Course

for international students@ UBB

To support the integration of international students at UBB, we offer free Romanian language courses tailored to your level. Learn practical Romanian for everyday communication in a friendly and interactive setting.

Course details

✓ **FREE OF CHARGE**

For international students at UBB

✓ **EVERY MONDAY**

2-4 PM

✓ **Native Speaker**

Interactive & engaging lessons

How to join?

Scan the QR code to register.



DEADLINE TO APPLY:
23 October 2026

What you will learn?

- **Practical vocabulary and essential phrases** for everyday communication
- **Useful expressions and communication skills** for common situations in daily life
- **Pronunciation, grammar and sentence structure** to help you communicate more confidently

<https://cci.ubbcluj.ro/>





ENGLISH COURSE

FOR INTERNATIONAL STUDENTS AT UBB



New Group Starts

22 OCTOBER

ON-SITE CLASSES

COURSE DETAILS

- Free of charge
- **Every Thursday at 10 AM**
- On-site classes
- **Avram Iancu Street 68, 5th Floor**
- Native English speaker

WHAT WILL YOU LEARN?

- *Improve your communication skills*
- *Expand your vocabulary and grammar*
- *Practice real-life conversations*
- *Build confidence in academic and everyday English*



DEADLINE TO APPLY:

19 October 2026

Scan the QR code to register!



REGISTER AND JOIN US!



YOUR UBB EXPERIENCE STARTS HERE.

Discover new interests, meet new people
and make memories along the way.

Further Information

Phone +40 264 429 762

Website <https://cci.ubbcluj.ro/>

Email cci@ubbcluj.ro

CENTRE FOR INTERNATIONAL COOPERATION

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Social Media @ubbinternational